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Featured among the Sunday Times's sporting frontrunners of 2014, Twin Tracks tells the full story of the talent and dedication that made him not just one of the most celebrated athletes of the last century but also a distinguished doctor,

neurologist and one of the nation's best-loved public figures.

Twin Tracks: The Autobiography by Roger Bannister | NOOK ...

In his recently published autobiography, *Twin Tracks*(1), Sir Roger stated that “sport and medicine have a vital and expanding role in improving the lives of individuals across the world. These are the twin tracks that have run through my life.” He summarized aspects of his productive life.

Bing: Twin Tracks The Autobiography

Twin Tracks: the Autobiography by Roger Bannister. Rick Broadbent. Saturday April 26 2014, 1.02am, ... Sir Roger Bannister has been remarkably patient in delivering his autobiography. Fast time ...

Twin Tracks: The Autobiography by Roger Bannister

Twin Tracks covers the Bannister’s life starting from his childhood in Harrow, through his studies and running in Oxford, and ending with his work at Pembroke College and his subsequent retirement.

Twin Tracks: the Autobiography by Roger Bannister | The Times

It was a blustery late spring day in 1954 and a young Oxford medical student flung himself over the line in a mile race. There was an agonising pause, and then the timekeeper announced the record: three minutes, fifty-nine point four seconds. But one heard anything after that first word - 'three'.

Twin tracks : the autobiography (Book, 2014) [WorldCat.org]

Featured among the Sunday Times's sporting frontrunners of 2014, Twin Tracks tells the full story of the talent and dedication that made him not just one of the most celebrated athletes of the last century but also a distinguished doctor, neurologist and one of the nation's best-loved public figures. Blog: The Day I Ran The Four Minute Mile

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Reflections on Sir Roger Bannister and his autobiography ...

Twin Tracks: The Autobiography Kindle Edition by Roger Bannister (Author)

Twin Tracks by Roger Bannister | Waterstones

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